## Personal Consecration to the Immaculate Heart of Mary

faithless sinner, renew and ratify today in your hands, ever Virgin and Immaculate Mother of God, the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all



the days of my life, and to be more faithful to Him than I have ever been before:

In the presence of all the Heavenly Court I choose you, this day, oh Mary, for my Mother and Patroness. I deliver and consecrate to you to your Immaculate Heart - my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to you the entire and full right of disposing of me, and all that belongs to me, without exception, according to your good pleasure, for the greater glory of God, in time and in eternity.

I also consecrate to your Immaculate Heart all the members of my family; protect their souls and bodies, their spiritual and physical integrity. Fulfill in me and through me your heavenly plan for these troubled times. I want to be an instrument in your hands for The Triumph of Your Immaculate Heart as you have prophesized in Fatima. Amen.

Signature:

"It was through the Blessed Virgin Mary that Jesus came into the world, and it is also through her that He must reign in the world."

- Saint Louis de Montfort





Guide for the Consecration of the Diocese of Winona to the



# What is the Total "Consecration to Mary?"

In 2008, Bishop Harrington consecrated the Diocese of Winona to the Immaculate Heart of Mary. This year, Bishop Quinn will renew the consecration of the diocese to the Immaculate Heart, and will do so annually on the feast of the Immaculate Heart.

In the very moment of conception of Jesus in the womb of Mary, Jesus entrusted His whole being to her. Similarly, by this act of consecration, we allow Mary to actualize her mediation, enriching our diocese with a higher degree of grace and greater likeness to Christ. We surrender the diocese completely to God, giving the same yes that Mary gave when she bore Jesus in her womb. The act of consecration dedicates the diocese and all of the good works that come from it to Our Lady and her desires, in order to more fully complete the will of her Son.

In addition to the renewal of the consecration of the diocese and of parishes, there is also a possibility of a consecration on a family or personal level.

St. Louis de Montfort, a missionary priest from France, was known as the "Apostle to Mary." De Montfort encourages souls to give themselves unreservedly to Our Lord through the Blessed Virgin Mary in a type of slavery called "Total Consecration."

The Total Consecration to Mary requires a serious preparation of 33 days. These days are broken into sections, each having its own prayers and readings. Then, on the day of consecration, we either fast, give alms or offer a votive candle for the good of another; do some spiritual penance; go to confession, and receive Holy Communion, with the intention of giving ourselves to Jesus as a slave of Love, through Mary. We surrender everything we have, in body, soul and merits, so that they may look after us in the best possible way.

For more information on the personal consecration to Mary, visit the Diocese of Winona website.

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# Parish Consecration to the Immaculate Heart of Mary

I, (pastor), in communion with Bishop John M. Quinn, Solemnly bind and consecrate the faithful and the territory of (parish, parishes) to your Immaculate Heart.

Ever Virgin, Immaculate Mother, Queen of Heaven and Earth, Mother of Divine Grace and Mother of the Church, we ask you to cover us with the Infinite Merits of your Divine Son in order to safely arrive to the Eternal Day and see God face to face.

We ask this + in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

#### Five Offenses Against the Immaculate Heart of Mary

#### **Blasphemies**:

1. Against the Immaculate Conception.

2. Against her Perpetual Virginity.

3. Against her Divine Maternity and the refusal to recognize her as the Mother of all mankind.

4. Of those who seek openly to foster in the hearts of children indifference or contempt and even hatred for this Immaculate Mother.

5. Of those who directly outrage Her in her holy images.

#### First Saturday Devotion

"I promise to help at the hour of death, with the graces needed for salvation, whoever on the First Saturday of five consecutive months shall:

1. Confess and Receive Holy Communion.

2. Recite five decades of the Holy Rosary.

3. Keep me company for fifteen minutes while meditating on the fifteen mysteries of the Rosary, with the intention of making reparation to me."

### Solemn Act of Consecration of the Diocese of Winona to the Immaculate Heart of Mary

Dear Mother of God and Mother of the Church; In order to please the Sacred Heart of your Divine Son, to fulfill the requests you have given us in Fatima, to do reparation for all the offenses to your Loving Heart, to preserve the Dogma of the Catholic Faith, to obtain the salvation of all souls, to call from Heaven an ocean of graces and spiritual and material blessings upon all the people living in the territory of the Diocese of Winona and to put all natural laws under your Holy Mantle to be always spared and protected from natural catastrophes and spiritual evil:

I, Bishop John Michael Quinn, by the Grace of God Successor of the Apostles, High Priest and Shepherd of this portion of the Catholic Church

called the Diocese of Winona in Minnesota, solemnly bind and consecrate the land and all the people living in the Diocese of Winona to

Your Immaculate Heart; cover us with Your Loving Mantle of Mercy and Compassion.

Ever Virgin, Immaculate Mother, Queen of Heaven and Earth, Mother of Divine Grace and Mother of the Church, we ask you to cover us with the Infinite Merits of your Divine Son in order to safely arrive to the Eternal Day and see God face to face.

With this Solemn Act of Consecration to Your Immaculate Heart, I also encourage all the Presbytery, Deacons, Consecrated Religious and Lay people of my Diocese to promote "the Five First Saturdays Devotion" in reparation for the five greatest offenses addressed to Your Immaculate Heart and the daily prayer of the Holy Rosary as You have requested at Fatima to obtain peace in the hearts, in the families, in the nations, in the whole world and to become humble instruments of the Great Triumph of Your Immaculate Heart in the world, as you have

prophesized in Fatima.

I ask this + in the name of the Father, and the Son, and of the Holy Spirit. Amen.

Bishop John M. Quinn +Bishop of Winona

Given the Nativity of the Blessed Virgin Mary, September 8, 2011 at Cathedral of the Sacred Heart, Winona, Minnesota