



The "Pirate" Prayer

ARRR

Acknowledge: Take a deep breath and acknowledge that God is with you and that you desire to grow closer to Him. Take stock of your feelings and thoughts (what is on your mind and in your heart).

Relate: Share with God everything that came to mind. Be completely real with Him and don't hold anything back, even things that might be hard to share.

Receive: Quiet your heart and mind and try to be open to what God says back to you. He may speak to you through a Scripture verse or a thought or feeling that comes to mind. Maybe you don't hear anything, and that's okay! God speaks also in silence and loves when you rest with Him there.

Respond: Commit to respond to what was revealed to you in prayer. Ask God to help you see what concrete steps you need to take with His help.

