

### What is T.E.C.?

TEC is a three-day retreat weekend based on the Paschal Mystery: the death and resurrection of Jesus Christ. TEC originated as "Teens Encounter Christ" in 1965 as a retreat experience for high school students. Pathways TEC brings teens and adults together during the weekend to be participants in encountering Christ as the family of God.

### What Happens On the Weekend?

A TEC weekend works to build spiritual growth through participation in group activities. Although some time is given for individual prayer and reflection, the emphasis throughout the weekend is on group participation through music, discussions, talks, prayer, Scripture, Mass and celebration.

Each day of the retreat has a central theme:

- ✠ "Die Day" is the first day – a day centered on the death of Jesus Christ. On "Die Day" participants reflect on many different aspects of their lives, focusing on better relationships with God, self and others.
  
- ✠ "Rise Day" is the second day, a joyous celebration of the resurrection of Jesus Christ. On "Rise Day" participants celebrate the presence of God's love in their lives.
  
- ✠ "Go Day" is the third day – a day which explores the continuous call to spread the Good News. On "Go Day" participants recognize and prepare to carry forth the message of Jesus Christ.

It is very important to realize that TEC is a voluntary experience. No one should be required to make a TEC in order to fulfill a confirmation, faith formation, or scouting requirement.

### Parental Authorization:

I give permission for my son/daughter,  
\_\_\_\_\_ (print name)

to take part in Pathways TEC. Recognizing that such an undertaking involves an element of risk, I assume all risks and hazards incidental to such participation and do hereby release, absolve, indemnify, and agree to hold harmless the Diocese of Winona-Rochester, Minnesota, its parishes and schools, the chaperones, leaders, organizers and sponsors, and persons transporting our child to and from this activity. Neither the Diocese of Winona-Rochester, Minnesota, nor any church, nor any of said persons shall be held financially responsible for any injury, illness, or death incurred as a direct or indirect result of this activity. I, the undersigned, have read and understand these terms and execute this release voluntarily and with full knowledge of its significance. In the event of an emergency and I cannot be contacted, I hereby authorize that emergency treatment may be administered.

I authorize the use of photos / videos at this event for advertising / promotional purposes: \_\_\_ yes \_\_\_ no

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

### **Required**

Date: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

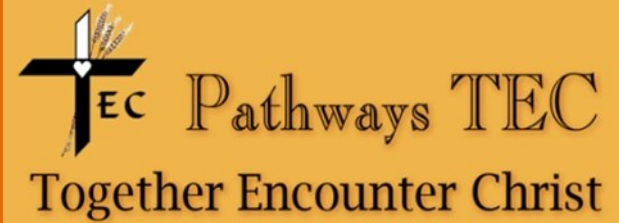
Special Needs/Circumstances/Allergies concerning your son/daughter:  
\_\_\_\_\_

### Affiliation

Pathways TEC commits itself to the procedures and policies of the Diocese of Winona-Rochester and also maintains membership in the National TEC conference.

### Administration

Pathways TEC is governed by an appointed Leadership Council, guided by a priest Spiritual Director with day-to-day operations handled by a volunteer program coordinator and supervised by the Office of Youth and Young Adults.



Roman Catholic  
Diocese of Winona-Rochester



Please fill out this application and email or mail to: (payment due at retreat)

Pathways TEC - Diocese of Winona-Rochester  
c/o Monica Anderson, 5480 SE 158<sup>th</sup> St, Blooming Prairie, MN 55917

Your Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Your Address: \_\_\_\_\_ Age: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Parents Names: \_\_\_\_\_

Your Parish: \_\_\_\_\_ Parish Priest: \_\_\_\_\_

Your Parish Youth or Faith Formation Director: \_\_\_\_\_

Any special health or physical needs: \_\_\_\_\_

Tell Us About You:

Describe your participation in school, work, clubs, and organizations.

Why do you want to attend a TEC retreat?

Describe your participation in your church.

Please describe any other retreat experiences you may have had.

Have you had any friends or family members make a TEC? (please give names)

For adults attending TEC retreat: I authorize use of photos/videos at this event for advertising and/ promotional purposes: \_\_\_\_\_ [signature]



*Fill out both sides of this applications and return to the above address.*

Who May Attend?

Teens and adults, age 16 and older, are welcome to attend the Pathways weekend.

When and Where

**TEC 70**  
**February 16-18, 2019**

**Site: St. Theodore's Catholic Church**  
**315 E. Clark St**  
**Albert Lea, MN**

TEC begins on Saturday morning at 9:30 a.m. and ends Monday evening at 6:00 p.m.



What does the retreat cost?

The three-day retreat costs \$50, which includes lodging and meals. Payment due first day of retreat.

What Do I Need to Bring?

Clothes: Dressier clothes for Sunday Eucharist, casual clothes for most of the weekend. (Coats and Jackets in season for outdoor recreation.)

Toiletries: towels, wash cloth, swim suit for showering, toothbrush, toothpaste, soap, other personal items.

Sleeping: Sleeping bag, sheet, blanket, mat or air mattress, pillow.



**Clip & Retain this panel for reference**