

# Totus Tuus



*Come and See!*

*Be part of a  
Totus Tuus Team*



*Diocese of  
Winona-Rochester*

**TOTUS TUUS  
TEACHER INFORMATION  
SUMMER CATECHETICAL PROGRAM  
DIOCESE OF WINONA-ROCHESTER**



**TOTUS TUUS  
2021**

# TOTUS TUUS

TOTUS TUUS is a Catholic catechetical program dedicated to youth and their families through God’s Word, Christian witness, and Eucharistic worship. The aim of TOTUS TUUS is to put youth and young adults not only in touch with, but in communion, in intimacy with Jesus Christ. Only He can lead us to the love of the Father in the Spirit and make us share in the life of the Holy Trinity. TOTUS TUUS 2021 strives to bring forth a balance between the knowledge of the Sacraments and the meaning of life in Christ, thus bringing our faith alive.

TOTUS TUUS seeks to foster openness to vocations in youth as well as the teachers. The teachers sign a covenant in which the promise to be open to God’s will, especially concerning their vocation. If the teachers are actively discerning God’s will, then they can better help the youth with whom they work to do the same. TOTUS TUUS hopes to accomplish this discernment by bringing its teachers and youth to a greater realization of Jesus Christ in the Eucharist. In order to gain this realization TOTUS TUUS focuses on catechetical instruction and an active devotion to Mary.

## MISSION 2021

The mission of TOTUS TUUS is to inspire in young people a true longing for holiness, a deep desire for conversion and a personal renewal within the context of God’s saving work in history. Through evangelization and catechesis, TOTUS TUUS seeks to foster openness to sacrifice and the various Christian vocations through the offering of time, talent, and treasure.

- To gather college students and seminarians from throughout the United States into teams, training them in service of God, drawing them closer to Our Lord through prayer, devotion, knowledge and Christian formation.
- To use these teams to inflame the hearts and minds of children and young adults, inspiring in them a true longing for holiness, and empowering them to become Christian Leaders by dedicating their lives totally to God and imitating the motto of John Paul II, “TOTUS TUUS” (Totally Yours).
- To assist parishes in the formation of young Christian leaders for the New Millennium.

## OUR FOCUS

1. **The Eucharist**
2. **Marian Devotion**
3. **Catechetical Instruction**
4. **Vocational Discernment**
5. **Fun!**

## OUR MOTIVATION

TOTUS TUUS is Latin for “Totally Yours” and the motto of Pope John Paul II. Taken from St. Louis de Montfort’s great work, *True Devotion to Mary*, it represents our desire to give ourselves entirely to Jesus Christ through the hands of His Immaculate Mother. TOTUS TUUS, then, reminds us of the tremendous and difficult call to spend ourselves for Christ through the intercession of His Mother, and to preach the gospel to all nations.



The challenge to be TOTUS TUUS is accepted with great joy! The teams come to know and love the vitality, faith, and courage of all the youth they encounter. The youth are seeking not just role models, but HEROES who are striving to live and proclaim, “Lord, I will be totally yours.” With joy and honor, TOTUS TUUS serves these youth and shares with them the blessings that God has given them. Therefore, the teachers dedicate their summers entirely to the Lord, leading all youth into the New Millennium.

### Five Marks of TOTUS TUUS

1. Proclamation of the Gospel – to arouse faith.
2. Apologetics – examination of the reasons for our beliefs.
3. Christian Witness – an experience of Christian living.
4. Celebration of the Sacraments – especially Holy Eucharist and Confession.
5. Active witness of the missionary nature of the Catholic Church

### Catechetical Instruction

TOTUS TUUS is very proud to begin its thirty-fourth year of serving youth. To date TOTUS TUUS has served over 200,000 plus young people throughout the United States. This is the seventeenth year that the Diocese of Winona-Rochester has had TOTUS TUUS. The basis of what is taught is formed by an authentic catechesis, which is an ordered and systematic initiation into the revelation that God has given of Himself to humanity in Jesus Christ; a revelation stored in the depths of the Catholic Church’s Sacred Tradition and in Sacred Scripture, constantly communicated from one generation to the next by a living, active faith. The methodology, structure, content and enthusiasm of TOTUS TUUS is concerned not only with teaching the faith but also with arousing it unceasingly with the help of grace, opening the heart, conversion, and encouraging total adherence to Jesus Christ on the part of those who are still on the threshold of Faith.

## APPLICATION QUALIFICATIONS JOB DESCRIPTION

Experience working with youth is helpful but not required.

**The applicant must be:**

1. A high school graduate
2. A practicing Catholic
3. Confirmed

**The applicant should have:**

4. A working knowledge of the Catholic Faith
5. A desire to work with youth

**The teacher must be willing to:**

1. Learn and experience the faith
2. Work with a team
3. Respect team dynamics
4. Strive for a stronger prayer life
5. Teach children
6. And travel
7. Spend oneself in rigorous schedule

### TOTUS TUUS “COVENANT”

I promise that I will serve the Lord this summer by being a member of the TOTUS TUUS summer catechetical program, and I will fulfill this covenant by adhering to the following conditions:

1. Being present at training beginning June 4 – June 12, 2021
2. Teaching commitment June 13 – August 6, 2021
3. Commitment to daily prayer (Divine Office) and active discernment of one’s vocation
4. Team activities (end of summer retreat)
5. Parish Activities (parish presentations of program)
6. Signing and adhering to the Diocesan Policy on Safe Environment
7. Read, study, and prepare the information provided in the teacher’s packet.



## **The Team**

Each TOTUS TUUS team consists of four members: two men and two women. The teachers are chosen based upon their desire to teach the faith, love of children, energy and enthusiasm, and for their individual leadership abilities. In order to run a week of TOTUS TUUS Summer Program smoothly the teachers adhere to a well-defined schedule which has as its foundation and backbone a structured prayer life.

## **Training Program**

Your commitment to TOTUS TUUS begins with a two-part training program. First, there is an eight-day camp, where each teacher will be prepared to work as a modern-day evangelist. Each teacher is trained to articulate the information contained in the 2021 curriculum and all aspects of the parish catechetical program. Additional training includes instruction in: the mission of TOTUS TUUS, prayer, Catholic doctrine, Christian relationships, and evangelization skills. Opportunity for individual and/or community prayer, Eucharistic Adoration, daily Mass, Confession, team recreation, and fellowship completes a well-rounded week of training.

The training period is also a time when team assignments and destinations will be announced. Team members will learn to pray together, resolve conflict and work together. This period may be the highlight of the summer because you will have a chance to live with other young people dedicated to the life of Christ.

The second part of the training program consists of an internship week. During this week you will be able to watch past TOTUS TUUS teachers in action. In the past we have realized that it is difficult to enter a parish having no idea what to expect. During this week you will have the opportunity to observe different teaching methods, interacting one-on-one with the children, parents, and teachers and begin to teach classes yourselves. This gives you some experience before you hit the road with your team.

## **On the Road**

Upon completion of the internship week your team will travel to seven more parishes throughout the Diocese of Winona-Rochester and surrounding areas. There is a vacation during the July 4th holiday week. There will also be an end-of-summer retreat upon the completion of the summer.

As part of TOTUS TUUS you will have the opportunity to teach many youths, ranging in age from first to twelfth grade. You may also assist in leading songs, prayers, meditations, giving talks to the parish or a number of other duties that may arise. The duties of the TOTUS TUUS team do not end in the classroom. While on the road, a TOTUS TUUS team is not only evangelizing to the children and young adults that they teach, but also to the priests, sisters, families, waiters, gas station attendants and everyone else God brings into your life.

## Arrival/Preparation/Departure

The team arrives at a parish Saturday evening prior to the week of teaching. The team leader will be speaking at all of the Masses that weekend. The team will meet with a parish representative, tour the facilities, set up and prepare for the coming week on Sunday afternoon. After putting on the summer program, the team will have some free time Friday evening and Saturday morning for team recreation and personal time. The teams are due to arrive at their next parish before the anticipatory Mass on Saturday evening.

## Housing and Transportation

During the week the team will stay at host family houses so as to better know the families of the parish. The host families often treat the teachers as though they were part of their own family. Housing of team members occurs from their arrival Saturday afternoon/evening until their departure the following Saturday. Each team will provide their own transportation through the generosity of one of the team members whose mileage will be reimbursed by the Diocese.

## Meals

All of the team's meals will be provided while the team is in the parish:

- Breakfast is provided by the host family at **7:30 a.m.** Please inform the host family that cereal, fruit or toast is sufficient.
- Lunch is provided by a parish family at **12:00 p.m.** Volunteers assisting in the kitchen can prepare the lunch or the team can fix sandwiches from food brought in.
- Evening meal is provided at **5:00 p.m.** Families in the parish will invite the team to supper. This allows for more families to be involved in the hosting of the team and provides an excellent opportunity for the team to interact with families of the parish. A family may prepare and serve the meal, have food brought in, or take the team out to eat, whatever they prefer. The team will leave the host families home no later than **6:30 p.m.** Teachers will sometimes have to pay for meals on Friday night and Saturday afternoon.

## Pay

Each team member will receive **\$315.00** per teaching week (there are eight teaching weeks and taxes will be taken out). Remember there are no expenses for the summer. Your room and board are taken care of. Also, the team members who drive their own cars will receive **.575 cents** (or the current IRS rate) for each mile driven. (*The owner of the team car will pay for gas and be reimbursed later, so he or she should bring checks or credit card.*) Please bring your checkbook or a copy of your deposit slip so we can deposit the payment electronically into your account.

## DAILY SCHEDULE

7:00 a.m.	Rise
7:30	Breakfast
8:00	Morning Prayer & Rosary

### GRADE SCHOOL PROGRAM

9:00 a.m.	Introduction
9:15	Icebreaker
9:25	Class period #1
9:50	Snack/Game
10:10	Music Preparation for Mass
10:20	Class period #2
10:45	Mass preparation/Confessions
11:15	Mass
12:00 p.m.	LUNCH – RECESS
1:00	Water Break
1:10	Class period #3
1:35	Skit
1:50	Class Period #4
2:15	Gather, Review, & Closing prayer
2:30	Dismissal

### TEAM

2:30	Cleanup / Setup for next day / Team meeting
3:00	Evening Prayer & Chaplet of Divine Mercy
3:30	Team Recreation
5:00	Supper

### JUNIOR HIGH & HIGH SCHOOL PROGRAM

7:00 p.m.	Introduction / Review
7:15	Session #1
8:00	Break
8:15	Session #2
9:00	Dismissal
9:10	Night Prayer

Our schedule is quite rigorous and demands all the energy a person can muster. This is deliberate so as to provide an intense giving of oneself in service to Jesus Christ and the spreading of his gospel. It is when we are weak that we are strong, for the Lord's grace makes up for all that is lacking in us. In other words, it is meant to challenge and stretch our teachers so as to form them in selfless generosity, so that they might truly say as did our Holy Father John Paul II, in imitation of Mary's "yes" at the Annunciation, "TOTUS TUUS!"



## Grade School Program

The **Grade School Program** (grades 1-6) is designed for Catholic children going into first through sixth grades. Unfortunately, at this time, TOTUS TUUS does not have the resources to provide a curriculum appropriate for preschool aged children. If a parish wishes to provide their own preschool program at the same time as TOTUS TUUS, they may. For the teachers the program will include teaching four classes each day, helping with Mass preparations, teaching liturgical songs and responses, participating in games, icebreakers, skits and leading songs, participating in recess, teaching and leading prayer and countless other things that arise. The week is finished with a water fight and activities. The Friday activities may include sundaes where the kids make several of the teachers into human sundaes. Please read carefully the daily schedule and curriculum.

### Mass and Confession

Understanding that all we do is intrinsically linked with the whole of Liturgical and Sacramental Life, TOTUS TUUS encourages the celebration of the Holy Mass at 11:15 every day. It is in the Sacraments, especially in the Eucharist, that Christ Jesus works in fullness for the transformation of all mankind. (Please note that, the TOTUS TUUS schedule can be adapted to meet the needs and special circumstances of each parish).

Children are asked to participate as readers, commentators, and bringing up the gifts at the Offertory. One of the many fruits of allowing children to participate in Holy Mass is the strengthening of the Church's internal life as a community of believers and of her external activity as a missionary Church. Furthermore, within the daily schedule, it would be ideal if the Sacrament of Reconciliation would be offered every day at 10:45 am. Once again, this is the suggested schedule and can be adapted as necessary.

If the parish priest is unable to preside at the Mass, the team can arrange for Stations of the Cross or the Rosary to be prayed.



## The TOTUS TUUS Curriculum

The Sacred Scriptures and the Catechism of the Catholic Church provide the foundation of the catechetical instruction of the TOTUS TUUS summer program. Consequently, TOTUS TUUS has divided the four pillars of the Catechism into a six-year teaching cycle:

Year One: The Mystery of Salvation

Year Two: The Apostle's Creed

Year Three: The Sacraments

Year Four: The Commandments

Year Five: The Virtues and Beatitudes

Year Six: Prayer and the Our Father

To complement this six-year cycle, TOTUS TUUS follows a four-year cycle dedicated to the mysteries of the Rosary: Joyful, Luminous, Sorrowful and Glorious.

### Junior High and High School Program

While many summer programs limit themselves to the sixth grade and below, TOTUS TUUS offers evening instruction for junior high and high school youth. We have found that college aged teachers can effectively impact the high school youth. Two reasons have been noticed: the close proximity of age and ability to establish mentor relationships (i.e. big brother or big sister). The TOTUS TUUS High School Program includes instruction, small group discussions, quiet meditation, prayer, and fellowship. The team teaches in such a way as to continually offer a dialogue - in which each person feels respected in his or her most basic dignity. Our high school program is different from normal parish based youth ministry. Our goal is to conduct a "parish mission" for them; consequently, it will be and look different from the usual youth group gatherings.

Each retreat session runs from 7:00 p.m. to 9:00 p.m. with a 15 minute refreshment break. We ask the parish to supply the refreshments Sunday, Monday, Tuesday, and Wednesday evenings.

On **Tuesday** evening, the youth experience adoring Christ, face to face, during Exposition of the Blessed Sacrament. As part of the program, TOTUS TUUS asks that the students be given the opportunity to receive the Sacrament of Reconciliation on the evening that Adoration is scheduled. Concluding the week, the team will spend **Thursday** night in fellowship with the youth which may include a grill-out in the park, bowling, ultimate Frisbee, etc.

***"Do not be afraid of Christ!  
Trust Him completely!  
He alone 'has the words of eternal life.'  
Christ never lets us down!"***

**St. John Paul II**



## ***Totus Tuus***

*This prayer was written by the Holy Father to  
Mary Immaculate*

**Totally yours,**  
Immaculate Conception, Mary my Mother,  
Live in me, Act in me,  
Speak in me and through me,  
Think your thoughts in my mind,  
Love through my heart,  
Give me your dispositions and feelings,  
Teach, lead me and guide me to Jesus,  
Correct, enlighten and expand my thoughts and behavior,  
Possess my soul,  
Take over my entire personality and life, replace it with Yourself,  
Incline me to constant adoration,  
Pray in me and through me,  
Let me live in you and keep me in this union always.



Are you interested in becoming a TOTUS TUUS teacher?

For an application form,

Visit our Web Site at:

<http://www.dowr.org/Departments/Youth-and-Young-Adults/TOTUS-TUUS>

Any questions, feel free to call Michael Ottman

Office: (612)805-0107

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## TOTUS TUUS

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