



UPPER ROOM

Join Faith Formation and Youth Ministry Leaders in the Diocese of Winona-Rochester for a time of nourishment, support, and professional development.



Upper Room Meeting Layout

Most Upper Room meetings will follow the layout below for 2022.

10am - Opening Prayer

10:15am - Nourishment (professional and spiritual development)

11:30am - Prayer (Adoration, Mass, Confession)

12:30pm - Lunch

1:00pm - Action (how to implement what was discussed)

2:15 - Close in invoking the Holy Spirit

You are welcome to spend the whole day with us or only join us for a portion of the day. We recommend the whole day for a holistic approach to our discussions.

Upper Room Meeting Schedule Fall 2022

Sep. 20
St. Augustine,
Austin
10am-2:15pm

Topic:

Implementing the
Eucharistic Revival

Facilitator: Dana Petricka,
liaison to the National
Eucharistic Revival

Oct. 25
Co-Cathedral,
Rochester
10am-2:15pm

Topic:

Gender Identity and
Pastoral Care

Facilitator: Dr. Andrew
Sodergren, Ruah Woods
founder and
psychologist

Nov. 22
TBD,
10am - 2pm

Topic:

Advent Retreat

Facilitator: TBD