



UPPER ROOM

Join Faith Formation and Youth Ministry Leaders in the Diocese of Winona-Rochester for a time of nourishment, support, and professional development.

The background is a classical religious painting, likely the Last Supper, showing Jesus and his twelve apostles seated around a table. The scene is dimly lit, with light from candles or a window above. A semi-transparent white rectangular box is overlaid on the center of the image, containing text.

Upper Room Meeting Layout

Most Upper Room meetings will follow the layout below for 2023.

10am - Opening Prayer

10:15am - Nourishment (professional and spiritual development)

11:30am - Prayer (Adoration, Mass, Confession)

12:30pm - Lunch

1:00pm - Action (how to implement what was discussed)

2:15 - Close in invoking the Holy Spirit

You are welcome to spend the whole day with us or only join us for a portion of the day. We recommend the whole day for a holistic approach to our discussions.

Upper Room Meeting Schedule Spring 2023

Jan. 24
St. Joseph the
Worker,
Mankato
10am-2:15pm

Topic:

The 6 Types of Working Genius for Effective Leadership

Facilitators:

Fr. Will Thompson and Dana Petricka

Feb. 28
St. Pius X,
Rochester
10am-2:15pm

Topic:

Evangelizing through the Sacraments

Facilitator:

Bishop Robert Barron

Mar. 28
St. Theodore,
Albert Lea
10am-2:15pm

Topic:

Utilizing Social Media and Effective Communication

Facilitator:

Emily Smithley (Office of Communications)

Apr. 25
Christ the King,
Byron
9am-2:15pm

Topic:

Be Revived: Personalizing the Eucharistic Revival

Facilitator:

Fr. Jeff Dobbs