NONVIOLENCE

NEGOUGATION AND FAIRNESS
Seeking mutually satisfying resolutions to conflict: accepting change, being willing to compromise.

NON-THREATENING BEHAVIOR
Talking and acting so that she feels safe and comfortable expressing herself and doing things.

ECONOMIC PARTNERSHIP
Making money decisions together, making sure both partners benefit from financial arrangements.

RESPECT
Listening to her non-judgmentally, being emotionally affirming and understanding, valuing opinions.

SHARED RESPONSIBILITY
Mutually agreeing on a fair distribution of work, making family decisions together.

TRUST AND SUPPORT
Supporting her goals in life, respecting her right to her own feelings, friends, activities, and opinions.

RESPONSIBLE PARENTING
Sharing parental responsibilities, being a positive non-violent role model for the children.

HONESTY AND ACCOUNTABILITY
Accepting responsibility for self, acknowledging past use of violence, admitting being wrong, communicating openly and truthfully.