



To: All employees

From: Diocese of Winona-Rochester

Date: April 28, 2020

Subject: Update to spending account eligibility list

Recently, the IRS expanded the eligible expenses list due to the passing of the Coronavirus Aid, Relief, and Economic Security (CARES) Act. You can find the updated list of expenses at https://learn.hellofurther.com/Individuals/Spending_Your_Account/Eligible_Expenses

Health spending accounts (HSAs) and Flexible spending accounts (FSAs) can now be used to purchase over-the-counter (OTC) medical products and feminine hygiene products without a prescription from a physician. This update is a permanent change to the eligible expenses list and includes retroactive purchases dating back to January 1st, 2020.

*For updated health reimbursement account (HRA) coverage, check with your health plan.

Some of the new eligible expenses include:

- Tampons, pads and liners
- Cold, cough, and flu medicine
- Allergy and sinus medicine
- Pain relievers
- Digestive aids and laxatives
- Baby rash ointments and creams

IMPORTANT, the system that allows medical spending account debit cards to work, is dependent on a national network. Until the network is fully up to date with the new eligible expenses, you should:

- Save all of your receipts
- Manually submit for reimbursement from your account
- FSA account holders still need to substantiate the transaction with documentation to get reimbursed

To learn how to access your account online visit:

https://learn.hellofurther.com/Individuals/Getting_Started/Registering_Online

If you have additional questions, please contact a Further customer service representative.