

Diocese of Winona-Rochester (*Revised March 15, 2022*)

Guidelines for the Public Celebration of Masses and  
Other Liturgical Celebrations

1. Please be conscientious of the needs of your local community by maintaining parish-specific protocols as needed.
2. For concelebration, the practice of designating one chalice for the celebrant's communion and another for the intinction of the concelebrants should be continued. According to the General Instruction, the main celebrant should always receive as usual (consuming the host and then drinking from the chalice) even when concelebrants are using intinction.
3. Due to ongoing concerns regarding the communication of illness which is present in drinking from a common cup, Holy Communion should still be distributed under the form of bread alone. Reasonable exceptions may still be made for those unable to consume the host, such as for those with celiac difficulties who are unable to tolerate a low-gluten host.