



Questions?

When does the retreat begin and end?

Participants are asked to arrive after 9:00 on the first day and the retreat begins at 9:30 AM. It ends around 6:00 PM on the last day. Since the TEC weekend involves much activity, we do suggest that you get plenty of rest before you come so that you can enjoy your weekend to the fullest.

What if I need to arrive late or leave early?

To fully experience the retreat, participants are asked to arrive on time and to remain onsite for the duration of the weekend. If this is not possible, it would be best to select another weekend.

What do I need to bring?

Mostly you need to bring yourself open and ready for a new experience. As far as "stuff" – please bring casual clothes for the weekend, a jacket for outdoor recreation, and some nice clothing for Mass.

Please bring your own bedding or a sleeping bag, pillows, towels, soap, and personal toiletries. Also, if you are a light sleeper, you may wish to bring ear plugs.

You may wish to bring along a few of dollars for the purchase of candy and pop that is available during the weekend.

Married couples should pack separately.

What should I NOT bring?

There is no need for cameras, i-pods, mp3's or cell phones during the weekend. If you bring these items, you will be asked to turn them off and store them in your car or luggage.

Why won't people tell me about the weekend?

A TEC retreat is an experience. And like other experiences, seeing the Grand Canyon for example, it means different things to different people and it is often very hard to explain. Your friends and family may just want you to experience the retreat in your own way.

Who is the staff?

The staff is made up entirely of volunteers who have previously made a TEC retreat. They are not necessarily counselors or teachers--they are just people who have had an awesome experience at TEC and want to help out. The retreat leaders have extensive TEC experience and are carefully selected, but are still volunteers of various backgrounds.

I'm not Catholic. Is it for me?

While TEC is rooted in the Catholic faith, non-Catholics are welcome and do participate.